# Austin-based chief medical officer commits to health equity in Central Texas by joining local American Heart Association Board of Directors

*Central Texas American Heart Association appoints Dr. Matthew Ashley of Centre for Neuro Skills to local board*

**AUSTIN, Texas**, **May 3, 2023** — Centre for Neuro Skills (CNS), a leader in brain injury rehabilitation services, and The American Heart Association (AHA), the world's leading nonprofit organization focused on heart and brain health for all, today announced Dr. Matthew Ashley as a new member of the AHA's Board of Directors in Central Texas. Dr. Ashley is the chief medical officer for CNS.

"I am honored to join the Central Texas American Heart Association board and serve our community by improving heart health and stroke awareness with the AHA," said Dr. Ashley. "For nearly 100 years, the American Heart Association has been ensuring longer, healthier lives through innovative educational efforts including stroke prevention and treatment. I look forward to our partnership for large-scale community efforts focused on public education and awareness regarding brain injuries."

*Dr. Matthew Ashley*

Earlier this year, the AHA and CNS announced that they are working together to deepen connections with healthcare providers, patients and caregivers while raising awareness of post-stroke care throughout Texas and California.

"The Central Texas Board of Directors continues to guide the American Heart Association as we address health disparities throughout our area," said Sara Harwood, Region Senior Vice President of the American Heart Association. "The addition of Centre for Neuro Skills and Matt Ashley to our Board brings more insight and ideas as we deepen our understanding and ready for action on all aspects of health and well-being."

During Dr. Ashley's nine-year tenure at CNS, he has served as a consulting neurologist, treating a diverse spectrum of patients recovering from traumatic and acquired brain injury. Dr. Ashley

is a noted speaker, who lectures at universities and seminars focusing on stroke, epilepsy, dementia, neuroradiology and brain injury rehabilitation.

Dr. Ashley received both his medical and juris doctor degrees from Southern Illinois University. He completed a neurology residency at UCLA, as well as a neurological rehabilitation fellowship at the university's renowned Neurological Rehabilitation and Research Unit.

CNS opened its newest clinic in Austin in June, 2021. The 17,000 square ft. facility can serve 60 patients and is located at 14425 Falconhead Blvd.

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**About Centre for Neuro Skills**

Centre for Neuro Skills is an experienced and respected world leader in providing intensive rehabilitation and medical programs for those recovering from all types of brain injury. CNS covers a full spectrum of advanced care from residential and assisted living to outpatient/day treatment. Founded by Dr. Mark Ashley in 1980, CNS has seven locations in California and Texas. For more information, visit neuroskills.com, Facebook, Twitter, LinkedIn, YouTube. For a video overview of CNS, visit our YouTube channel.

**About the American Heart Association**

The American Heart Association is a relentless force for a world of longer, healthier lives. We are dedicated to ensuring equitable health in all communities. Through collaboration with numerous organizations, and powered by millions of volunteers, we fund innovative research, advocate for the public's health and share lifesaving resources. The Dallas-based organization has been a leading source of health information for nearly a century.
Visit heart.org, Facebook, Twitter or by calling 1-800-AHA-USA1.

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