

PRODUCTS

FOR RESIDENTIAL CONSTRUCTION PROFESSIONALS

14 AIR-FRIENDLY PRODUCTS IN THE AMERICAN LUNG ASSOCIATION'S HEALTHY HOME 2018



The American Lung Association's Healthy Home 2018 is located in Inverness, Ill. / Image courtesy of Healthy Home 2018

March 8, 2018 | Amanda Hermans

Chicagoland's [Dior Builders](#) recently partnered with the [American Lung Association](#) (ALA) Health House program to create the first home built under the association's revised Health House guidelines.

Dior, known for its green building initiatives, designed the luxury home in Inverness, Ill., with the help of a team of indoor air quality and environmental health experts, including Marilee Nelson, Oram Miller, Andy Pace and others. Under ALA's guidelines, [Healthy Home 2018](#) features energy-efficient appliances, innovative technologies, green building materials, and nontoxic furniture.

"Exposure to indoor air pollutants –smoke, radon, dust, mold, and other pollutants –can pose serious health risks and can contribute to respiratory disease, asthma, and even lung cancer," says Harold Wimmer, ALA president and CEO. "By following the American Lung Association's Health House guidance,

Dior Builders has significantly reduced, possibly eliminated, many causes of indoor air pollution in Healthy Home 2018.”

The Healthy Home program was founded in 1993 by the American Lung Association to address growing concerns about air quality in homes. According to the [EPA](#), indoor pollutants can be two to five times higher than those found outdoors. The average person spends approximately 90 percent of their time indoors, exposed to toxins that could trigger lung conditions such as asthma. The program’s most recent guidelines were updated in 2014.

Victoria Di Iorio, a member of Dior Builders and the founder of Healthy Home Initiative, understands that every residential project can’t meet such comprehensive standards. But she hopes Healthy Home 2018 will be an example of what’s possible when it comes to building homes for better air quality.

“We can’t all do everything, but we can all do something,” Di Iorio said at the home’s opening event.

For inspiration, here are 14 air-friendly products found in the Healthy Home.



5. [Native Trails](#)

Cocina 33 is a 33-inch textured kitchen sink made from a single element. The eco-friendly product is made by artisans from hand-hammered, recycled copper. The sink has a ten-inch depth, is available in both brushed nickel and antique copper finishes, and comes with a lifetime warranty.

<http://bit.ly/2GnMp0a>