

The Sonoma Index-Tribune

Hikes, meditation, competitions at Jack London State Historic Park



Here they come! Saturday morning fitness hikers tackle the trails at Jack London State Historic Park on every "first Saturday" this summer.

CHRISTIAN KALLEN | INDEX-TRIBUNE STAFF WRITER | July 5, 2018

Even though the House of Happy Walls is closed for remodeling until the fall, there are still plenty of things to do at Jack London State Historic Park, starting with free fitness hikes on the first Saturday of the month and three artistic challenges that run until Sept. 1.

Hiking

The following Saturday, July 14, join a 4.5-mile "Hike to the Ancient Redwood" and back, through mixed evergreen and redwood forest. Wear sturdy shoes, bring water and hiking poles (if desired) for this moderately-paced hike. Save the Redwoods League is offering free entry to the park with their pass; register at savetheredwoods.org. Start time is 10 a.m. from the Ranch parking lot.

<https://bit.ly/2MRdlo>