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Give gifts that help others this holiday season

By MICHELLE CHAN

McClatchy-Tribune

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Beginning on Black Friday and sometimes (shamefully) up until midnight on Christmas Eve, we're buying gifts, eating, catching up with old friends... it's all a flurry of good times. But in our obvious wealth and blessings from being able to enjoy the season, there are a number of opportunities for us to give back and remember those who are less fortunate:

Biscoff Holiday Cookie Tubes from Lotus Bakeries might also be another popular holiday gift purchase, but this year, a portion of the proceeds will go towards Teach For America, an organization that provides trained teachers to children regardless of their socio-economic status. A set of six boxes of the caramel-flavored cookies costs \$14.95 and \$26.95 for a box of 12, not including \$5 for ground shipping. Biscoff cookies are known for pairing well with coffee, and contain as few as 30 calories each. What would the holidays be without a little sweet indulgence? Get your sweets at www.biscoff.com.