

Sweet-tart Lady Alice Apples will be available through May

By Diane Cowen

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Biscoff Spread has just hit American retail shelves. It's a peanut butter alternative, made from cinnamon-y Biscoff cookies, the crunchy wafers you get in airplane snacks. Photo: Courtesy Photo / HC

Lady Alice Apples

Crunchy, sweet-tart Lady [Alice apples](#) from the [Ranier Fruit Co.](#) are in supermarkets, but they'll only be around through May.

No, they're not some unusual winter or spring variety, they're apples that get picked in the fall and gain sweetness as they "age."

They're good for baking and cooking or just taking a bite out of cold.

For information go to www.ranierfruit.com/ladyalice.

Find them at HEB and Kroger, prices may vary.

Yoplait Lactose Free Yogurt

Yoplait's newest line puts creamy, nutritional goodness in the hands of people who've had to avoid dairy for years.

Its Lactose Free line - which comes in strawberry, peach, cherry and French vanilla flavors - promises all it delivers.

Our lactose-intolerant taste tester reported the yogurt was just as yummy as she expected it to be.

The yogurt is also 99 percent fat free and each cup covers half of your daily need for calcium and vitamin D.

MSRP is 90 cents per cup; find them at Kroger and Randalls.

Biscoff Spread

If you're looking for something new to satisfy your sweet tooth, be careful about opening a jar of Biscoff Spread: It may be addictive.

Biscoff Spread is a creamy-crunchy alternative to peanut butter.

It's made from the caramelized crisps you're served in airplane flights.

They've got 5 grams of sugar per tablespoon, but are all natural, without any artificial colors, flavors or preservatives.

MSRP is \$5.69. You can find it at [Walmart](#), Central Market and [Cost Plus World Market](#).

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<http://www.chron.com/life/food/article/Sweet-tart-Lady-Alice-Apples-will-be-available-3421785.php#photo-2718088>