

18 november

Biscoff truffles? Avert your eyes, dieters.

A few years back we admitted our collective devotion to Biscoff cookies—you know, those ones you get on the airplanes?—and it turns out we were not alone. Since then we've discovered the joy of Biscoff cookie spread, and now we're drooling because it turns out you can do more with it than eat it right out of the jar with a spoon. I mean uh, spread it on toast.



One of the great thing about this Biscoff Truffle recipe from In Katrina's Kitchen (besides the fact that we could probably eat 42 in one sitting) is that it only uses four ingredients, plus milk chocolate—although I'm thinking dark chocolate would be more my speed.

The other thing that's cool is that it's a great idea for kids with peanut allergies. Katrina suggests that it's a great substitute for peanut butter, with a similar texture and taste, but no nuts at all.

Sorry in advance, thighs. I'll make it up to you later. -Liz