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LAKESIDE, Calif. - A couple dozen people came out Saturday to help build homes for disabled veterans in San Diego County. It was all part of San Diego Habitat for Humanity's first-ever "Building for the Brave" event.

"This particular project ... all four homes are designated for and customized for disabled veterans," said volunteer Lee Zanjani.

Zanjani is one of the 15 volunteers from California Bank and Trust that came out Saturday to lend a helping hand.

"San Diego as we all know is a military town and so to be part of the effort to support our military and especially those who've served and some of them have been wounded or disabled in some way ... it's just a wonderful feeling to help the community," she said.

A single mother – a disabled veteran – was actually helping build her new home on the corner of Channel Road and Lakeshore Drive.

"If somebody is willing to help you out then you should be able to help them out too and vice versa," she said.

She was medically discharged from the military in 2010 and had served since 2004. When she returned home from Kuwait and Iraq, she says she failed to adjust.

Since last year, she had been applying to get into this program so she could have a safe place to live for her needs and children's needs. She said cannot believe it is finally happening.

"When you hear of something so good you don't really think it's too good to be true ... like a dream come true, you know," she said.

The new homes are being outfitted with state-of-the-art furnishings adapted to the special needs of veterans.

<http://www.10news.com/news/volunteers-help-build-homes-for-disabled-veterans-04122014?autoplay=true>