



## Spotted on Shelves...

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**Lotus Biscoff Cookies** - We have our fantasies of sitting in a cute European café, enjoying coffee with biscuits while peering mysteriously over our oversized sunglasses. For now, though, we'll be nibbling on these Belgian-style cookies. They come in several varieties, including portion-controlled options like the 0.5-oz. Two-Pack, which has 73 calories, 3g fat, 58mg sodium, 11g carbs, <0.5g fiber, 6g sugars, and 1g protein (**POINTS®** value 2\*). Ooh la la! [Click here to order](#) (and check out [the nicely priced Extra Large version!](#)) and [click here](#) to see if they're sold near you.

**Activate Drinks** - Not only do these [stevia-sweetened drinks](#) come in cute bottles but also, in an effort to preserve the nutrients, the vitamins stay separate from the water until the last second. Just twist the cap to release the good stuff, shake it up, and sip! The lineup includes a fantastic array of benefit/flavor varieties, like Workout/Passion Fruit and Immunity/Orange. Each 16-oz. bottle has just 5 calories, 0 - 75mg sodium, and 1g carbs (**POINTS®** value 0\*). Find 'em at select stores in CA, NV, HI, and AZ, or [buy some online](#) -- they rock!

**Heinz Simply Heinz Tomato Ketchup** - Ketchup is definitely on the HG's Favorite Things list (along with bunnies and reality TV). And if you're into an all-natural way of living, you DON'T have to cut the yummy tomato condiment out of your life. [This stuff](#) is made with simple ingredients (hence the name), like sugar instead of high-fructose corn syrup. A 1-tbsp. serving has just 20 calories, 190mg sodium, 5g carbs, and 4g sugars (**POINTS®** value 0\*), so start dipping!