

# for women on the go First

November-December 2011

## gift guide

### For helping hands



#### ◀ For your carpool buddy

These sweetly scented vegetable-based soaps, individually wrapped in Irish linen, will help any busy mom feel pampered.

**Buying info:** Irish Holiday Soaps Set, \$22.50, at [FragrancesofIreland.com](http://FragrancesofIreland.com).

**Deal:** \$2.50 off purchase of Irish Holiday Soaps set at [FragrancesofIreland.com](http://FragrancesofIreland.com) with code: FIRST.



#### ▲ For a teacher

Sweeten her day with crisp, caramelized Biscoff Cookies, which come in a reusable decorated tote.

**Buying info:** Biscoff Holiday Cookie Totes, \$17 for three totes, which include eight cookies each, at [Biscoff.com](http://Biscoff.com). (Plus, it's a gift that keeps on giving: 10 percent of every purchase goes to Teach For America.)

**Deal:** \$1.70 off purchase of Biscoff Holiday Cookie Totes at [Biscoff.com](http://Biscoff.com) with code: FIRST.

#### ▼ For your coworker

This lovely footed box, which holds 200 sheets of note paper, will grace her desk with a touch of elegance.

**Buying info:** Wooster & Prince Desktop Note Box, \$15, at [SpoonSisters.com](http://SpoonSisters.com).

**Deal:** \$1.50 off purchase of Wooster & Prince Desktop Note Box at [SpoonSisters.com](http://SpoonSisters.com) with code: FIRST.



#### ▲ For the babysitter

A pure soy travel candle in a pretty gold tin will light up her life and add a sweet scent to her room. Fragrances include Campfire, Fig Leaf and Pomelo Blossom.

**Buying info:** Travel Candle, \$12, at [CatBirdNYC.com](http://CatBirdNYC.com).



#### ▶ For the music teacher

The assorted teas and sugar sticks in this ribbon-wrapped box are sure to inspire a smile. Flavors include Holiday Chai and Christmas Morning black teas, White Christmas white tea and Christmas Eve caffeine-free herbal tea.

**Buying info:** Christmas Teas and Sugar Sticks Box, \$13 for four sugar sticks and 10 packets of each tea flavor, at [StashTea.com](http://StashTea.com).

**Deal:** \$5 off any purchase at [StashTea.com](http://StashTea.com) with code: FIRST1112



## Holiday tipping guide

### Babysitter/mother's helper

Two nights' or two days' pay

### Coach/activity instructor

\$25

### Hairstylist

The cost of one session

### Handyman

\$20

### House cleaner

The cost of one cleaning plus a small gift

### Pet groomer

The cost of one session

### Mail carrier

Postal workers can't accept cash, but a small gift under \$20 is allowed

### Newspaper carrier

\$15 to \$20 for daily delivery;  
\$5 to \$15 for weekend