

Geese, cookies and iPods: Try buying gifts that give back

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(CNN) -- If you want to feel twice as nice about holiday gift giving, try donating to a charity. About half of American adults say they will give money to charity this holiday, an increase from 29 percent in 2009, according to a November [study](#) from [World Vision](#), a Christian humanitarian organization. The survey was conducted by Harris Interactive, a polling company.

With the click-and-buy simplicity of the internet, it has never been easier to donate. For altruistic gift givers, here is CNN's charitable gift guide with fun, practical -- and even edible -- presents for almost every kind of person and cause.

The foodie

Do you have family and friends with a sweet tooth?

You can satisfy their cravings with [gourmet turtles](#) and [caramel-covered popcorns](#), starting as low as \$2 from [HELP USA](#). All proceeds will go to this national nonprofit that works to house the homeless and help them become self-reliant. Since 1986, the organization has given assistance to more than 250,000 people by providing shelter and on-site support services.

If you're looking for a stocking stuffer, [Biscoff Gourmet Cookies and Gifts](#) is selling its famous crunchy cookies in a festive box. A set of [six boxes](#) costs about \$15. Ten percent of the proceeds go to support [Teach for America](#), an organization that aids new teachers serving underprivileged kids in low-income communities.



Since 2005, Global Goods Partners has worked with artists around the world to sell their crafts.

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